



ISLAND PRIMARY CARE ORCAS

7 Deye Lane • Eastsound, WA 98245 • 360.376.2561 • www.islandhealth.org/orcas

CLINIC UPDATE

November 2022

Meet & Greet with Dr. Buxbaum

Island Primary Care – Orcas is excited to introduce Dr. Buxbaum to the community on Tuesday, November 29th, from 5:30-7:00 p.m. at the Orcas Public School cafeteria. Snacks and drinks will be provided on this special night to get to know your local pediatrician!

Evan Buxbaum MD, MPH is a board certified pediatrician serving the children and adolescents of Orcas Island and San Juan County. His approach to pediatric care considers the entire child, encompassing their physical, mental and emotional wellbeing, as well as the family structure in which they live and thrive. His general pediatrics practice includes child and sick visits as well as the management of more complex pediatric conditions such as asthma, allergy and eczema, chronic diseases in childhood, and mental and behavioral health. A graduate of Duke University Medical School and the University Of North Carolina School Of Public Health, Dr. Buxbaum has been practicing pediatrics for over 20 years. He and his wife Valerie are very happy to have returned to Orcas with their daughter and their big dog. We hope you can join us!

Diabetes Management: RetinaVue for Diabetic Retinopathy

Effective management of diabetes for our patients includes routine eye exams. Island Primary Care - Orcas has purchased point-of-care testing equipment that enables us to easily perform retinal exams during clinic visits. These exams acquire images without chemical dilation. Images are securely transferred to Board Certified Ophthalmologists for evaluation. Diagnostic reports and referral plans, if indicated, are sent back to our clinic providers within one day of the exam. This is just one way we strive to provide exceptional care to our community.



On-the-Job Medical Training Program A Big Success

Island Primary Care – Orcas started an on-the-job medical assistant training program earlier this year, and it has proven to be a big success. The clinic training program continues to be a positive experience for the organization and for staff who want to grow in the medical field. The newest enrollee wants to become a family practice doctor and has chosen to join IPC – Orcas for experience to fulfill his goal! If you or someone you know is interested in learning more about the medical field or starting the journey

Care Courageously.



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to become a medical assistant, please reach out to one of our staff members or visit our Careers page at: islandhealth.org/careers.

Health Education Year-End Offerings

Get ready for the holidays with Amber Phillips, MS, RD, with her Healthy Eating for the Holidays class on November 17th. We will also be offering online courses in breastfeeding support, aging in place, and managing high cholesterol.

To register for our classes or view our full listing of programs, visit islandhealth.org/classes. If you have questions, please call the Health Education department for more information: 360.299.4204.

All Health Education classes require registration unless specifically stated in the class description.

Holiday Hours

Island Primary Care – Orcas will be closed the following days during the holiday season:

Thursday, November 24th

Friday, November 25th

Monday, December 26th

Monday, January 2nd

If you need medical assistance when the clinic is not open, please follow our after-hours care instructions listed on our website: islandhealth.org/orcas.